



Spring Cross Country Classic is a fun-filled, family-friendly, low-cost 5k through the scenic rolling trails of Lincoln Park.

ST. LUKE'S HOME

Spring

Cross Country Classic

SATURDAY

March 7, 2020

7:30AM Men's 5K

NEW FOR 2020: ALL WALKERS WILL START AFTER THE MEN'S 5K RUNNERS

8:15AM Women's 5K

9:00AM FitKidz

Fun for the whole family!

FREE pancake breakfast, family-friendly activities, donkeys and games.

This year's beneficiary is St. Luke's Home: a holistic, assisted-living community for people aged 55 and older of limited financial means.

stlukeshometucson.org

SOUTHERN ARIZONA

SAR
ROADRUNNERS

REGISTER TODAY

www.azroadrunners.org

MAIL-IN ENTRY FORM

Mail-in entries must be received no later than Feb. 29, 2020.

MAIL TO: **Spring Cross Country**
c/o SAR, PO Box 64215, Tucson, AZ 85728-4215

MAKE CHECKS PAYABLE TO: Southern Arizona Roadrunners

NAME: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

EMAIL: _____

MALE FEMALE AGE ON 3/7/2020: _____

SOUTHERN ARIZONA ROADRUNNERS MEMBER: YES NO

INDIVIDUAL ADULT ENTRY

SAR MEMBERS PRICE—REGISTER BY FEB. 29 & SAVE \$2

\$25 BY FEBRUARY 3, 2020

\$27 AFTER FEBRUARY 3, 2020

ALL RACE DAY ENTRY IS \$30

FAMILY PACKAGE- UP TO 5 FAMILY MEMBERS \$75 IF ALL REGISTER AT THE SAME TIME.

FITKIDZ ENTRY FREE FOR 12 AND UNDER

\$ _____ TOTAL FEES PAID

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In consideration of the acceptance of this entry, I hereby, for myself and my heirs, executors and administrators, waive any and all rights, claims and damages I may have against the sponsors, coordinating groups, the Southern Arizona Roadrunners, Tucson Parks & Recreation, the city of Tucson, Pima County, and any individuals associated with said event. I understand that the event takes place on city streets, with all attendant risks. Also, none of the above is responsible for the loss of personal items nor any other form of aggravation in connection with said event. I have been warned I must be in good health to participate in the event. In filling out this form, I acknowledge that I am an amateur in the event. I also give permission for the free use of my name and picture in any broadcast, telecast, digital or print media account of this event. In filling out this form, I acknowledge I have read and fully understand my own liability and do accept the restrictions.

ENTRANT'S SIGNATURE*

DATE

*Parent or guardian's signature if entrant is under the age of 18

OR REGISTER TODAY at
www.azroadrunners.org