



Carondelet Get Moving Tucson 10-Miler and 5k walk/run FAQ Saturday, October 18, 2008 - 7:30am start time

Where is Friday's pre-race registration?

You can register for the race and pick up your packet at the Running Shop on Friday, October 17 from 12-5. The Running Shop is at 3055 N Campbell Ave, on the west side of Campbell just south of Ft. Lowell.

Where is race-day registration?

The event staging area is at Parking Lot C, on Granada, on the west side of the Tucson Convention Center, about 200 yards south of Congress/Broadway. Look for the white tents with registration signs. Registration is from 5:45-7:00am

Where is the start and finish?

Both the 10-miler and 5k start and finish at the Tucson Convention Center. The starting line will be on Granada Avenue, just south of Broadway/Congress in the heart of Downtown.

Where is parking?

There is plenty of free parking on Tucson city streets, and there is free parking at the City/State Parking Garage (on Congress Avenue, just to the west of Granada). There is a \$5 fee to park in the TCC lots, and there are plenty of other fee-based parking garages in Downtown Tucson.

Where is the post-race festivity?

Again, the event staging area is at Parking Lot C, on Granada, on the west side of the Tucson Convention Center, about 200 yards south of Congress/Broadway. Look for the white tents, listen for the music, and see if you can see the kids scaling the YMCA climbing wall.

Can I run the 5k with a baby stroller?

Yes, the 5k is a family-friendly and intergeneration event – please, no pets, but by all means bring the strollers!

Can I run the 10-miler with my dog?

No. The Tucson Police Department has asked that there be no pets, strollers, skates, bikes, or anything but feet.

Who can do the 5k?

You can run or walk the 5k. We will time the 5k participants for the first hour of the run, but you can run or walk as you wish. Strollers and families are welcome in the 5k.

Can I walk the 10-miler?

You can run/walk as necessary, but the 10-mile route is not designed for strolling or social walking.

Which charity is the beneficiary?

Proceeds will benefit Carondelet Health Network's free community wellness programs. As with all SAR events, after expenses a portion of the proceeds will go to SAR and be used for SAR's operating budget and the SAR Children's Fitness Fund.

Is the 10-mile course certified and will I be stopped at the lights?

Due to potential Downtown construction, even at this late date the details of the course may change before race day; therefore the race is not USATF certified but will be measured accurately. According to the Tucson Police Department, the running route will be closed to traffic for a reasonable time. However, the route will be opened to vehicles as the last runners progress; of course, emergency vehicles will have right-of-way.

I haven't seen any maps yet – where do the routes go?

The 5k course <http://www.mapmyrun.com/route/us/az/tucson/387520892337> -

South from start at Granada at TCC
East on Cushing
South on Main
East on 19th Street
North on Second Avenue
East on 17th Street
North on Meyeres
East on Cushing
North on Granada to finish

The 10-mile course <http://www.mapmyrun.com/route/us/az/tucson/855279448995>

South from start at Granada at TCC
East on Cushing
South on Main
East on 19th Street
North on Second Avenue
East on 16 (approx 2 miles)
South on Mill, east on 17th, south on Fremont
East on 18th/Warehouse
South on Cherry
West on 21st
North, then east on 20th
North on Cherry, west on Warehouse/18th
North on Euclid
East on 12th Street (approx 4 miles)
South on Park
Southeast on Aviation bike path approx. one mile to turnaround (approx 5.5 miles)
Northwest on bikepath over Basket Bridge and over Rattlesnake Bridge (7 miles)
West on 10th, North on Hoff, west on 9th
North on Fourth Avenue
East on University – turnaround at Euclid (approx 8 miles)
West on University
South on Fourth
West on 8th Street (9 miles)
South on Sixth sidewalk under bridge
West on Alameda
South at Presidio Plaza over footbridge to Music Hall
West on Calle Abruzzo, South on Granada to finish line at TCC